

JERSEY VILLAGE SENIOR OUTREACH

Monthly Programs Newsletter

NOVEMBER 2020



November is here so be sure and set your clocks back 1 hour on November 1st.

It is also the start to the holidays, and hopefully a time for families and friends to share new memories, while keeping the safety of everyone in the forefront.



Jersey Village Comprehensive Planning Committee is working to plan the next 5 years. **YOUR INPUT IS VERY VALUABLE** as they make decisions on how to keep JV a vibrant community for residents of all ages. Please provide input on what you would like to see in JV. It can be something new, an improvement, or keeping something that has been around. It includes parks/green spaces, signage, activities, economic development, land use, community character, traffic and more.

Click this link to let your voice be heard on or before 11-16-20.

<https://www.jerseyvillagetx.com/page/article/193>



Are you a Veteran of the United States?

THANK YOU FOR YOUR SERVICE!!

Please email/call and let us know your branch and dates of service.

Email: jvsoinfo@gmail.com

Or call: 832-680-5158

Stroke Awareness from Jo Hewett



During our Third Thursday Ted Talk, we viewed and discussed "My Stroke of Insight" by Neuroanatomist, Jill Bolte Taylor. She shares a first hand, 18-minute recount on the experience of what it was like to have a stroke, while also explaining how the brain works. "When it comes to spotting a stroke and getting help, the faster, the better.

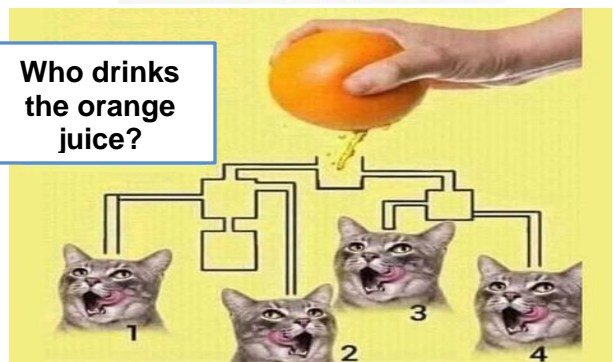
That's because prompt treatment may make the difference between life and death – or the difference between a full recovery and long-term disability" as reported by the American Stroke Association.

Checkout both the Ted Talk and Educational Information from the American Stroke Association by clicking the links below.

- https://www.ted.com/talks/jill_bolte_taylor_my_stroke_of_insight?language=en
- <https://www.stroke.org/en/about-stroke/stroke-symptoms>



Who drinks the orange juice?



NOVEMBER



CONNECTION, NOT INFECTION!

Virtual activities this month below. Others may be added, watch the weekly emails for links to the webinars or go to our website www.jvso.org.

11-3	4:00 pm	Happy Hour
11-4	3:00 pm	Film Club: <i>100ft Journey (Netflix)</i>
11-5	3:00 pm	Chair Yoga
11-6	8:30am	Coffee and Conversation
11-9	4:00 pm	Presentation: <i>Types of Beer</i> <i>Andrew Mitcham with Senate Ave Brewery</i>
11-10	1:00 pm	Game: Bingo
11-11	3:00 pm	Film Club: <i>Ottoman Lieutenant (Netflix)</i>
11-12	3:00 pm	Chair Yoga
11-13	8:30am	Coffee and Conversation
11-16	1:00pm	Craft Day: Santa Pillow
11-17	11:00am	Cooking Class: <i>Corn & Crab Bisque, Easy Rolls and Beer Bread</i>
11-18	3:00 pm	Book Club <i>Gods of Jade and Shadow</i> by Silvia Moreno-Garcia
11-19	3:00 pm	Chair Yoga
11-19	7:00 pm	TED Talk: <i>Inside the Mind of a Master Procrastinator</i>
11-20	8:30am	Coffee and Conversation
11-24	1:00 pm	Game: Bingo
11-26		 HAPPY THANKSGIVING 
11-30	10:00am	Better Business Bureau: Holiday Scams



UPCOMING EVENTS

CRAFT DAY November 16th **SANTA PILLOW**

Limited spots
Register on our website
under events or
call 832-680-5158.



City of Jersey Village Activities and News

- 11-1 12-3 Farmer's Market
- 11-15 12-3 Farmer's Market
- 11-16 7:00pm City Council Meeting



FIRST THREE
FRIDAYS IN
NOVEMBER
11/6, 11/13, 11/20
3:00pm-7:00pm

JV PARKS MASTER PLAN

Jersey Village is creating a Parks Master Plan and wants your feedback in one or both of these ways.

1. They are hosting an Open House for residents to learn about the proposed plan at the Civic Center, Tuesday, Nov. 10th from 6:30 - 8pm.
2. Complete the parks survey with this link:
<https://docs.google.com/forms/d/e/1FAIpQLSdETW2pbhVH5ox0JKPxGB9BnhM0l5qO1o7-H46woq0Ucwpolw/viewform>



Want a natural way to keep pets away? Marigolds, mums, garlic, basil, mint, and nasturtiums are "unappealing" to insects. Plant these in your garden to repel pests.



(Join Happy Hour Nov. 3rd, 4pm to discuss answer)

ANSWER: Cat #2 drinks the orange juice
(should cats even be drinking orange juice??)