

JERSEY VILLAGE SENIOR OUTREACH

Monthly Programs Newsletter

FEBRUARY 2021



Happy February JVSO. Wow, can you believe we are through our first month of 2021, and it has been busy. Not only do we continue to offer members opportunities through ZOOM, we've spent several weeks helping members find the COVID vaccine. Well over half of our members have received the vaccine. Little by little we are seeing progress. We will continue to support all members that are looking for the vaccine and share every opportunity we find.

Generosity changes everything

Jersey Village Senior Outreach provides members with a chance to be a part of a unique organization that provides social and wellness activities, and personal support.

Many recognize the benefits of JVSO and show their support through volunteering their time or making generous donations.

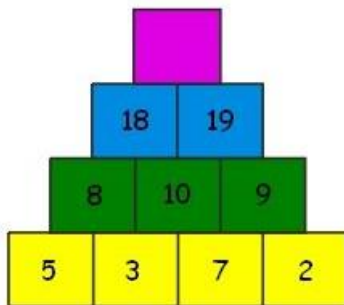
Thank you to our recent donors:

- Greg and Louise Holden
- Anonymous

These donations help us continue to provide engaging programs that benefit our members.



What number
belongs in the
box at the top
of the
pyramid?



SCAM TIPS

From Gary Frankel, Technical Coordinator

Scammers are getting smarter and more devious. Here are a few points to remember to protect yourself from these criminals:

- NEVER, EVER, give personal data to someone you don't know.
- Social Security Administration NEVER EVER calls you out of the blue.
- IRS is NEVER, EVER going to call you to pay a fine. I have gotten a number of these calls.
- Emails from PayPal, banks or credit cards that say your account has been breached. NEVER, EVER click on links in the email. Go to the company's website to check on status. Change your password if concerned.
- Do not EVER click on any link/button on an email that you do not know who it is from. No legit company is going to email or call you about anti-virus software.
- There is a popular text message about a package for delivery, NEVER, EVER click on the link.

If you do get these emails or texts, phone calls, ignore or delete immediately. With all this said, do not fear technology. I use technology for all my online financial and medical accounts. Auto-pay through the bank is a great thing. If you need help setting up online accounts, check with the account's website. JVSO can help as well. Give us a call at 832-680-5158 or drop an email to JVSORequest@gmail.com. Links to more information in Texas can be found on our website under the Learning Center menu.

Member Spotlight

Spotlighting a JVSO member will be an occasional series starting this month with member Nancy Savoie. Barbara Swenson, member and memoir facilitator, interviewed Nancy and wrote about her memories of Mexico. We hope you will click on our website link below to read about her interesting story.

https://jersey.helpfulvillage.com/editable_pages/10054-senior-spotlight

FEBRUARY

Links to the virtual activities will be in weekly emails and on our website at www.jvso.org.

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|------|--------------|--------------------------------|
| 2-1 | 10:30 pm | Memoir Writing |
| 2-2 | 1:00 pm | Valentines Cards (register) |
| 2-2 | 5:00 pm | Virtual Happy Hour |
| 2-3 | 3:00 pm | Film Club:
"Social Dilemma" |
| 2-4 | 3:00 pm | Chair Yoga |
| 2-5 | 8:30-9:30 am | Coffee-Conversation-Tech |
| 2-8 | 10:30 pm | Memoir Writing |
| 2-9 | 1:00 pm | Game Day: Bingo |
| 2-10 | 10:00 pm | Presentation: |

Food for Thought Nutrition for brain health

Presented by Sally Davis, Amazing Place

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|------|--------------|---|
| 2-11 | 3:00 pm | Chair Yoga |
| 2-12 | 8:30 am | Coffee-Conversation-Tech |
| 2-16 | 1:00 pm | Cooking Class: Soups |
| 2-17 | 3:00 pm | Film Club: Movie
"My Life Ahead" |
| 2-18 | 3:00 pm | Chair Yoga |
| 2-18 | 7:00 pm | TED Talk:
Price of Shame: Monica Lewinsky |
| 2-19 | 8:30-9:30 am | Coffee-Conversation-Tech |
| 2-23 | 1:00 pm | Game: Bingo |
| 2-24 | 3:00 pm | Book Club:
"Cilka's Journey" by Heather Morris |
| 2-25 | 3:00 pm | Chair Yoga |
| 2-26 | 8am-10am | Coffee and Conversation |

Do you have a skill, talent, recipe, game, or topic of discussion you would like to present in a Zoom class (or in person once we go live)? If so, email Karie Lawrence at jvsoinfo@gmail.com.

STAY ACTIVE!

STAY HEALTHY!

STAY CONNECTED!

IN LOVING MEMORY



WE ARE DEEPLY SADDENED TO SHARE THE NEWS THAT JVSO MEMBER DONNA SUE LICCIONI PASSED ON JANUARY 17, 2021. WE SEND OUR PRAYERS AND SINCERE CONDOLENCES TO HER FAMILY.

STAY CURRENT ON THE LATEST INFORMATION ABOUT THE CORONAVIRUS VACCINE

A list of locations we have received on possible vaccine providers is posted on our website.

https://jersey.helpfulvillage.com/editable_pages/10050-covid-vaccine-providers



Answer: 37



City of Jersey Village Activities and News

- 2-7 12-3 Farmer's Market
- 2-14 Valentine event (see below)
- 2-21 12-3 Farmer's Market
- 2-15 7-9 City Council Meeting

Valentine in a Box Each person will get:

- meal of choice @ Little Kitchen HTX,
 - cupcake from For Heaven's Cake,
 - Spotify playlists for dancing
 - canvas and paint for a painting walkthrough
- \$25/person | Feb. 11 Deadline**

ART CLASS



Register for
Valentine Box
or
ART Class at
(713)466-2189
or
irodrigue@jerseyvillagetx.com