

JERSEY VILLAGE SENIOR OUTREACH

Monthly Programs Newsletter

OCTOBER 2021



The best way to stay socially engaged is to meet others in your community. This helps in areas of safety, socialization, support and much more. Join others on your street for **National**

Night Out, October 5th from 5:30 - 8:30PM. If no one has planned one on your block, maybe you can. If interested in hosting your block reach out to Sonya with JVPD at 713-466-2119 or srsmith@jerseyvillagetx.com to be put on the list.



Information on Meals on Wheels from Membership Chairman, Nancy Frankel

Any of us might find ourselves in a situation

where we cannot shop or prepare nutritious meals for ourselves. That's where Meals on Wheels can step in and help. By supporting nutritional needs, this program helps participants maintain or improve their health, remain independent, and stay in their homes for as long as possible.

Things to Know About Meals on Wheels

- Meals on Wheels has no income guidelines. The only requirement is that you are challenged to shop or prepare nutritious meals for yourself and/or a member of your household.
- Folks who receive Meals on Wheels may make a donation to the organization if they wish, but this is not required.
- Meals on Wheels can be temporary. Perhaps you need assistance for only a few weeks - you can cancel the delivered meals at any time.
- Meals on Wheels is already delivering to folks in Jersey Village.

To find out more, please call their intake line: (281) 885-4622 or visit their website at <https://www.namonline.org/meals>

Member Spotlight

This month we are pleased to feature member and neighbor Adrian Peterson in our Senior Spotlight. Please click on the link below to get to know Adrian better.

<https://jersey.helpfulvillage.com/pages/10060-senior-spotlight>



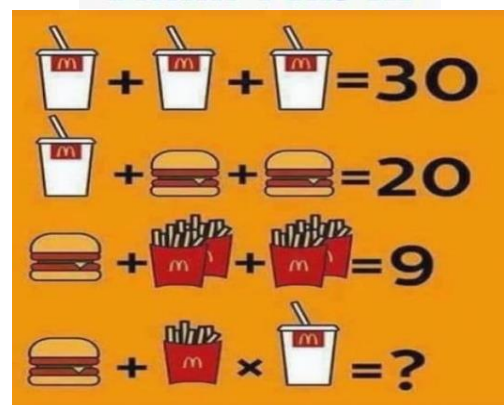
JVPD AND JVFD OPEN HOUSE



Come meet the men and women that serve in our community. Great opportunity to show your appreciation for their hard work keeping us all safe. Get a tour of the facilities, vehicles and possibly even the jail.

October 16, 2021, 10:00-2:00

BRAIN TEASER





***City of Jersey Village events are on the calendar in blue.**

10-2 5:30-8:30 Free Concert in the Park - The Spazmatics! Food/drink for purchase
 10-3 11-2 Farmers Market*
 10-4 11:00am Needlecrafters @ JMGC
 10-6 8:30am Walk at Carol Fox Park
 10-6 3:00pm Film Club: VIRTUAL
What's Eating Gilbert Grape
 10-7 3:00 pm Chair Yoga
 10-8 6-7pm Pumpkin Carving Party @ JV Civic Center. All participants receive a pumpkin
 10-11 5:00pm Happy Hour at Brewery
Happy Hour specials for JVSO members
 10-12 11:00am Craft Day: Register online
 10-13 8:30am Walk at Carol Fox Park
 10-14 3:00 pm Chair Yoga at Civic Center
 10-14 7:00pm TED Talk:
A Virtual Choir. 2000 Voices Strong
 10-16 10-2 Fire/Police Dept Open House
 10-17 11-2 Farmers Market
 10-20 8:30am Walk at Carol Fox Park
 10-20 3:00pm Film Club: VIRTUAL TBD
 10-21 3:00 pm Chair Yoga at Civic Center
 10-21 6:00pm Dinner at Jersey Meadow Golf Course. Sweet treat provided by JVSO
 10-23 10-2 Take Back Drugs at JVPD
 10-27 8:30am Walk at Carol Fox Park
 10-27 3:00pm Book Club at JMGC
Book: Before I Go To Sleep by SJ Watson
 10-28 3:00 pm Chair Yoga at Civic Center
 10-29 6-8:30pm Fall Frolic @ Clark Henry Park. Trunk or Treat, games, DJ, food trucks.
 10-30 6:30pm Movie in the Park @ Clark Henry Park.

STAY ACTIVE!

STAY HEALTHY!

STAY CONNECTED!

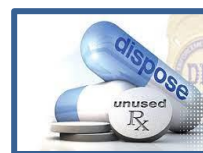


JVSO Craft Day hosted by Patricia Aune will be October 12th at 11:00 at JV Civic Center. Create a large decoupage pumpkin. Register on our website

<https://jersey.helpfulvillage.com/events/461-craft-day:-decoupage-pumpkins>, by emailing jvsorequest@gmail.com or call our request line at 832-680-5158. Deadline to register is 2:00pm on September 17th.

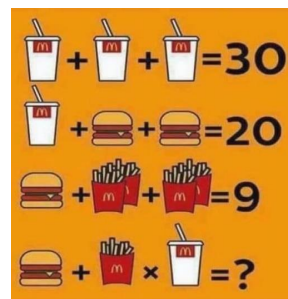
City of Jersey Village Activities

- Senior exercise class for JV seniors. Tuesday/Thursday, 10am, @ Civic Center. Annual fee \$40, pay at class or at City Hall.
 - Foodie Fridays 4:00-7:30 every Friday at Clark Henry Park. Sept. 24th-Nov. 12th.
 - 10-2 5:30-8:30 Free Concert in the Park -
 - 10-3 11-2pm Farmers Market
 - 10-8 6-7pm Pumpkin Carving Party
 - 10-16 10-2 Fire/Police Dept. Open House
 - 10-17 11-2pm Farmer's Market
 - 10-18 7:00pm City Council Meeting
 - 10-23 10-2 Take Back Drugs at JVPD
 - 10-29 6-8:30pm Fall Frolic
 - 10-30 6:30pm Movie in the Park
- Pickleball, art class and more info on these events can be found on the JV calendar
<https://www.jerseyvillagetx.com/page/calendar>



National Drug Take Back
 Saturday, October 23, 2021
 10:00 am-2:00 pm
 JV Police Department

Come to the "contactless" site to dispose of your unused, unwanted or expired drugs. Stay in your vehicle, and drive through the open sally port at the back of JVPD to drop off their unused medications.



$$10+10+10=30$$

$$5+2+2=9$$

$$5+1 \times 10$$

Answer: 15

$$5+1 \times 10$$

$$5+(1 \times 10)$$

$$5+10=15$$