

# JERSEY VILLAGE SENIOR OUTREACH

MONTHLY PROGRAM NEWSLETTER

**FEBRUARY 2022** 

### HAPPY HEART MONTH

As JVSO starts opening up to live events again, please use your discretion on attending and wearing a mask. With all events, if you feel any symptoms related to Covid, please refrain from attending and take care of yourself back to good health. Can't wait to start seeing everyone again.



Look carefully at the February calendar on the next page for all of our routine events and new events like Line Dancing and Memoir Writing. Line Dancing is offered 2 times in February and 2 times in March, and Memoir Writing is once a week for 3 weeks. They have limited dates, so don't miss out.



WE ARE DEEPLY SADDENED TO SHARE JERSEY VILLAGE SENIOR OUTREACH LOST A MEMBER IN JANUARY.

Larry Freeman passed on January 17, 2022, and is now with his loving wife Barbi, who passed in October 2021. Larry and Barbi grew up in Illinois and when they came to visit Larry's father in the 60s, they thought the Texas weather was much better suited for them than Illinois. They were great friends of the JV community. Larry is survived by his step sister Debbie, sister-in-law Cathy, and other nieces and nephews in Illinois.

## Spotlight

This month we are pleased to feature member and neighbor Imelda Villarreal in our Senior Spotlight. Please click on the link below to get to know Imelda better. <a href="https://jersey.helpfulvillage.com/pages/10060-senior-spotlight">https://jersey.helpfulvillage.com/pages/10060-senior-spotlight</a>



Primary Election 2022 is right around the corner! Here are some things to know...

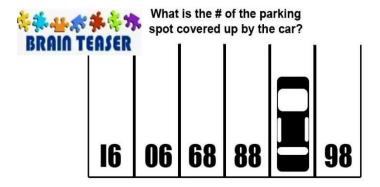
- Are you registered to vote? Check your voter registration status here! <a href="https://teamrv-mvp.sos.texas.gov/MVP/mvp.do">https://teamrv-mvp.sos.texas.gov/MVP/mvp.do</a>
- Deadline to register is January 31, 2022.
- If you have moved recently, you may need to update your registration.
- If you need to register to vote, you may do so online. https://vrapp.sos.state.tx.us/index.asp
- Here is the Primary Schedule

### **Primary Election Schedule**

First Day of Early Voting Monday, February 14, 2022

Last Day of Early Voting Friday, February 25, 2022

Election Day Tuesday, March 1, 2022 7am-7pm





2.2	2:00 nm	Film Club: VIRTUAL
2-2	3:00 pm	
2-3	3:00 pm	"Passing"
2-3 2-4	3:00 pm 8:30am-10	Chair Yoga Coffee and Conversation
<b>2-4</b>		
0.7	•	adow Golf Course
2-7	8:30am	Walk at Carol Fox Park
2-8	11:00am	Needlecraft Corner @ JMGC
2-8	1:00pm	Game Day at JMGC
2-10	3:00 pm	Chair Yoga
2-10	7:00pm	TED Talk: Everything
Happens for a Reason and Other Lies I Loved		
2-11	8:30am-10	Coffee and Conversation
At Jersey Meadow Golf Course		
2-14	>>> HAPPA VALENTINES DAY>>>	
2-14	8:30am	Walk at Carol Fox Park
2-14	12:00-1:00	Memoir Writing - Civic Center
2-15	12:30-1:30	Line Dancing - Civic Center
2-16	3:00 pm	Film Club: VIRTUAL
		TBD
2-17	3:00 pm	Chair Yoga
2-17	6:00pm	Dinner at JMGC
2-18	8:30am-10	Coffee and Conversation
	At Jersey Meadow Golf Course	
2-20	11-2	JV Farmer's Market
2-21	8:30am	Walk at Carol Fox Park
2-21	12:00-1:00	Memoir Writing - Civic Center
2-22	12:30-1:30	Line Dancing - Civic Center
2-22	1:00pm	Game Day
2-23	3:00pm	Book Club – JMGC
Book: Little Secrets by Jennifer Hillier		
2-24	3:00 pm	Chair Yoga at Civic Center
2-25	8:30am-10	Coffee and Conversation
	At Jersey Meadow Golf Course	
2-28	8:30am	Walk at Carol Fox Park
2-28	12:00-1:00	Memoir Writing - Civic Center
and the angles		

STAY ACTIVE !

STAY HEALTHY !

STAY CONNECTED !



JVSO day trip on Harris County bus to Bayou Bend March 8, 2022

More information and register online at <a href="https://jersey.helpfulvillage.com/events/612">https://jersey.helpfulvillage.com/events/612</a>, You can also leave a message at 832-680-5158, or email <a href="mailto:jvsorequest@gmail.com">jvsorequest@gmail.com</a></a>
Deadline to register is March 1st.

#### **City of Jersey Village Activities**



Senior exercise classes every Tuesday and Thursday 10:00-10:45am at the JV Civic Center. \$40/yr, pay at class or at City Hall.

• 2-6 11am-2pm Farmer's Market Sunday

2-21 7:00pm City Council Meeting
 MARK CALENDARS FOR JV FOUNDER'S DAY –

A festival filled with activities APRIL 9th

More information about Jersey Village activities is found on the city calendar

https://www.jerseyvillagetx.com/page/calendar or on the Parks and Rec activity page https://www.jerseyvillagetx.com/page/parks.home



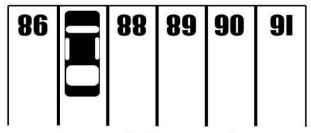
"Breakfast and a Presentation"
March 4, 2022, 9:00 a.m. at JMGC

Tracy Gendron, Ph.D., presented at the National Village Conference on Ageism.

We will view her video which explores the phenomenon of ageism within all levels of society and professional practices. The negative impacts of ageism and stigma is discussed along with simple strategies for disrupting them in our daily practice. JVSO will be purchasing breakfast tacos and coffee for all JVSO members in attendance.



ANSWER: **87** - Turn the picture upside down



What is the # of the parking spot covered up by the car?