

JERSEY VILLAGE SENIOR OUTREACH

MONTHLY PROGRAM NEWSLETTER

March 2022



Spring is in the air. Check out this month's newsletter for all the happenings with JVSO and around Jersey Village. It is a very full calendar. Pay close attention to events you must register to attend. If you need help registering for any event call 832-680-5158 or email <u>ivsorequest@gmail.com</u>.



JVSO BINGO March 29th at Jersey Meadow Golf Course

JVSO is sponsoring bingo night and potato bar. Food is served starting at 6:00, Bingo at 6:30. You must register to attend by March 23rd. When registering please write in the comments if you plan to eat a potato so we request the right amount of food.

More information and register online at <u>https://jersey.helpfulvillage.com/events/613-bingo-night</u>

Spotlight

This month we are pleased to feature member and neighbor Nancy Krauss in our Senior Spotlight. Please click on the link below to get to know Nancy better. https://jersey.helpfulvillage.com/pages/1006 0- senior-spotlight



"Breakfast and a Presentation" March 4, 2022, 9:00 a.m. at JMGC

Tracy Gendron, Ph.D., presented on Ageism at the National Village Conf. We will view her video on the

negative impacts of ageism and simple strategies for disrupting them in our daily practice. JVSO will be purchasing breakfast tacos and coffee/drink for all JVSO members in attendance.



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BRAIN TEAS

Craft Day

11am - March 28th (registration required) Learn to decorate and bake artistic edible bread. Each participant will decorate bread then take home to cook.

Register at https://jersey.helpfulvillage.com/events/617

Find the value of the ?



3-2	3:00 pm	Film Club: VIRTUAL
3-3	2.00 pm	"Kodachrome"
	3:00 pm	Chair Yoga
3-4	8:30am-10	Coffee and Conversation
0.4	2	adow Golf Course
3-4	9:00am	Presentation and Breakfast
2.0	•	ation on Ageism @ JMGC
3-6	11-2 0-20 a m	JV Farmer's Market
3-7	8:30am	Walk at Carol Fox Park
3-7	12:00pm	Memoir Class (Senate Brew)
3-8	, , , , , , , , , , , , , , , , , , ,	
3-8	1:00pm	Game Day at JMGC
3-10	3:00 pm	Chair Yoga
3-10	7:00pm	TED Talk:
		The Power of Mindfulness
3-11	8:30am-10	Coffee and Conversation
At Jersey Meadow Golf Course		
3-14	8:30am	Walk at Carol Fox Park
3-14	11:00am	Needlecraft Corner @ JMGC
3-14	5:00pm Hap	py Hour Senate Ave. Brewery
3-16	3:00 pm	Film Club: VIRTUAL TBD
3-17	3:00 pm	Chair Yoga
3-17 3-17	3:00 pm 6:00pm	Chair Yoga Dinner at JMGC
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City of Jersey Village Activities



The City of Jersey Village is hosting a Founders Day April 9th from 4:30-8:30 ending with fireworks. This is a perfect DERS DAY opportunity to come out, see neighbors, and share in the celebration.

There will be food, games, chili cookoff, music, demonstrations and more. The city is selling wristbands at a cost break if purchased before the event. You can purchase at this website https://hostedpr.tylertech.com/ParksRec_JerseyVill ageTX_Live/Home# or contact Isaac Recinos at irecinos@jerseyvillagetx.com.

- 3-6 11am-2pm Farmer's Market Sunday
- 3-21 7:00pm **City Council Meeting**
- 3-20 11am-2pm Farmer's Market Sunday

MORE JVSO MARCH EVENTS



JVSO Line dancing continues on March 22nd and 29th at 12:30.



Private Watch Party for JVSO members at Cypress Cinemark to see "DOG". 3:00pm, March 23rd More information and reserve a spot (30 spots available) on our website at

https://jersey.helpfulvillage.com/events/722.

Spring is here and its great weather to have JVSO happy hour at Senate Ave. Brewery. March 14th ~ 5:00pm



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