

JERSEY VILLAGE SENIOR OUTREACH

MONTHLY PROGRAM NEWSLETTER

September 2022



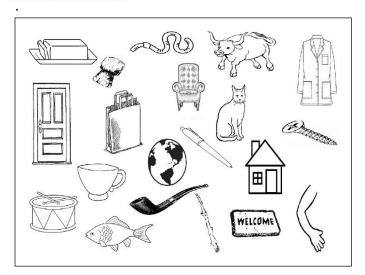
Fall is around the corner, officially September 22nd. I am sure everyone is ready to get cooler temps. Check out this newsletter and weekly emails, pull out your calendar and write down our fall events.

Spotlight

This month we are pleased to shine the spotlight on member and neighbor Titika Liollio. Please click on the link below to get to know Titika. https://jersey.helpfulvillage.com/pages/10060-senior-spotlight



Compound Words: How many compound words can you make with these pictures.





As we look to downsize or declutter, we should also get our "affairs" in order. This is a difficult topic, but if you have lost a loved one, you know how important it is for those left behind.

The information below is <u>not</u> legal guidance, but might be a way to start the conversation with loved ones, financial institutions and medical staff. Many documents needed for *End of Life* do not require an attorney, forms can be found online, and many only need a notary or witness. If you are ever unsure, legal guidance is the best option.

General tips...

- Consider a beneficiary on bank accounts. The beneficiary only needs a death certificate and ID at the bank. Payable Upon Death is similar.
- A Transfer on Death deed for your home can be completed and filed with the county. The home ownership transfers to your designee.
- Living Will: Put in writing exactly what you want done in the event you cannot speak for yourself on healthcare decisions. A Medical Power of Attorney works similarly.
- Durable Power of Attorney: Allows one to designate a person to make legal decisions if one is no longer competent to do so.
- Last Will and Testament: Designates to whom personal belongings will go too.
- Funeral Planning Declaration: allows one to express wishes for all funeral arrangements.
- Keep all documents in one safe place and make sure your heirs know where they are.
- Birth Certificate, Social Security card, passport
- List of all banks and account numbers
- All investment institutions with account numbers
- Lists of credit cards, utility accounts, etc.
- Instructions on how and when things are paid.
- Phone, tablet, laptop logins, IDs, account logins and passwords
- Titles for all vehicles, campers, boats...



If you need a ride or help registering for any event email jvsorequest@gmail.com or call 832-680-5158

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9-1	3:00 pm	Chair Yoga	
9-2	8:30am-10	Coffee and Conversation	
	At Jersey Meadow Golf Course		
9-4	11-2	JV Farmer's Market	
9-5	8:30am	Walk start at Carol Fox Park	
9-8	3:00 pm	Chair Yoga	
9-8	7:00pm	TED Talk, Virtual:	
	Check the JVSO website for topic		
9-9	8:30am-10	Coffee and Conversation	
	At Jersey Meadow Golf Course		
9-12	8:30am	Walk at Carol Fox Park	
9-12	12:00pm	Memoir Class - Civic Center	
9-12	5:00pm l	Happy Hour @ Senate Brewery	
9-13	11:00am	Line Dancing @ CC	
9-15	3:00 pm	Chair Yoga	
9-15	6:00pm	Dinner at JMGC	
JVSO providing a sweet treat			
9-16	8:30am-10	Coffee and Conversation	
	At Jersey Meadow Golf Course		
9-18	11-2	JV Farmer's Market	
9-19	8:30am	Walk start at Carol Fox Park	
9-19	12:00pm	Memoir Class - Civic Center	
9-20	1:00pm	Game Day at JMGC	
9-21	3:00pm	Film Club	
	Movie: 42 on Netflix		
9-22	3:00pm	Chair Yoga	
9-23	8:30am-10	Coffee and Conversation	
At Jersey Meadow Golf Course			
9-26	8:30am	Walk start at Carol Fox Park	
9-27	11:00am	Line Dancing @ CC	
9-28	3:00pm	Book Club @ JMGC	
	Two books, r	ead them both or choose one:	
	The Fountains of Silence by Ruta Sepetys The Mother-In-Law by Sally Hepworth		
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Chair Yoga at Civic Center

Coffee and Conversation

9-29

9-30

3:00 pm

8:30am-10

At Jersey Meadow Golf Course



<u>City of Jersey Village</u> <u>Activities</u>

9-4 11am-2pm Farmer's Market Sunday9-12 7pm City Council Meeting

9-18 11am-2pm Farmer's Market Sunday

MORE JVSO EVENTS



JVSO Happy Hour September 12th, 5:00-7:00 Senate Ave Brewery



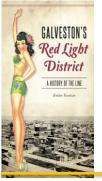
<u>Line Dancing</u>: September 13th and 27th; October 4th and 11th. 11:00am @ Civic Center.



October 18th, 1:00pm 2nd JVSO Golf Classic

Golfers/Non-golfers welcome \$20 for 9 holes of golf and a light snack after. More information, registration and payment can be found on our website at

https://jersey.helpfulvillage.com/events/730



October Day Trip

Wednesday, October 5th a guided walking tour from the author, Kimber Fountain, of "Galveston's Red Light District: A History of the Line" (2018), tour \$25pp.

Lunch after at Katie's Seafood. For a description of the tour and more information go to our website at https://jersey.helpfulvillage.com/events/790



Compound Words

Housecoat
 Corkscrew
 Ruttercup

Corkscrew
 Buttercup
 Earthworm
 Bagpipe

Earthworm
 Doormat
 Bagpipe
 Bullpen

5. Catfish 10. Drumstick